# Junior Olympic Archery Development (JOAD) is a program of USA Archery that helps archers to enjoy the sport recreationally or progress to the excitement of competition!

JOAD program focus on basic shooting form, different styles of archery, understanding equipment, and introduction to competitive archery. JOAD is a year round archery program designed for youth archers who are committed to developing their form and skills as they pertain to archery. This is a structured program with regular scheduled class sessions. The archers meet year round and must keep their attendance at an 85% level or they can be removed from the club roster. Our coaches work with our archers to define goals, and with our parents to address equipment, tournaments and forms of archery, and individual archers goals and progress.

JOAD sessions offers both recurve and compound archers the opportunity to learn range safety and proper shooting technique in an environment that also fosters focus, increased self-confidence, and team building skills.

Students learn they must overcome distractions and obstacles, and have a plan of action. Archery provides a fundamental relaxation quality in that the archer must be focused on the immediate moment. Archery is a self-challenging and rewarding activity, blending physical and mental resources.

Currently we have members whom are certified USA Archery Instructors and a USA National Level 4 NTS Coach: Vernie Urbano.

Our education and training staff certifications are up to date and training materials on hand. All are current members of USA Archery and NFAA. All of our instructors follows the USA Archery Code of Ethics and have undergone background screening through USA Archery.

For inquiries on additional information about this program, member fees and session schedules, please contact Vernie Urbano by email or text:

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## It all starts here:

## **NOVICE ARCHER**

The Archery class will include the following:

Eye Dominance determined Archery safety rules Warm-up exercises Sportsmanship & participation Grouping & consistency

The Beginner Archery series of classes, concentrates on range rules, safety rules and fundamentals of archery, and is taught using recurve equipment.

## After two months or 4 sessions:

## INTERMEDIATE ARCHER

Intermediate classes are available for students reaching a higher skill level. The focus is on helping them to become more consistent, and to become more familiar with tournament procedures. Students are encouraged to participate in local, state and national competitions, and to become involved in the JOAD's ranking program (optional).

If your child has participated in tournaments or other shooting events please indicate.

We recommend that you do not purchase equipment until the student has been assessed for eye dominance, and has been shooting for a while. Students will be able to gain strength, and will need longer arrows as they practice and stretch out . We can advise on equipment at that time. Once the fundamentals have been learned, the student may also participate in in intermediate Classes

#### Who can join?:

Beginner to advanced archers age 8-20. All applicants must meet with the coaching staff prior to starting the JOAD program. This will allow our coaching staff to accurately assess archers that will help best to build the archers skill level.

#### JOAD session format and schedule\*:

Twice a month, preferably every 2nd and 4th Sunday of the month at 9am for 2 hours (sessions can include the Jr. Field Session).

Once a month there will be an additional or extended session to do a "Practice Scoring" to earn USA JOAD award pins and archers are formally tested.

#### What it entails:

- Each Participant must attend at least 2 JOAD sessions per month (sessions can include the Jr. Field Session).
- Archers can earn USA Archery\*\* and Oranco Club JOAD Pins. which are awarded for scoring achievements and good character.
- When ready, young archers participate at their own pace in tournaments and qualifying rounds to progress through achievement levels.
- · Will be able to try out to be part of a Travel/Away Team in State and National level competitions to represent Oranco Club.
- · Each archer will adhere to a strict code of conduct. Unsafe behavior, intentional or not, will not be tolerated. Any archers found to be a danger to others or themselves will not be allowed to participate.

#### Requirements:

- Must have attended the *Introductory Group Class*. Or other club Introductory/Beginner's class (please provide verification).
- Archers must be approved by the JOAD coaches.
  Must attend the Junior Field Program group sessions.
- JOAD archers should have their stretch band to every practice. (your own arm guard and finger tab optional)
- Attendance required for a specific JOAD Training Sessions. Any student who is not actively participating will have their JOAD membership revoked.
- Must be accompanied with a parent or guardian during practice sessions (or tournaments) and closely supervised by the parent or guardian, shooting or not.
- JOAD archers are responsible for their own registration and travel/lodging arrangements for any away events.
- NFAA and USA Archery membership\*\*\* optional.



- \* No Sessions during Holidays. Sessions will be suspended on weekends that we are attending tournaments unless a volunteer coach is available to lead. One-on-one personal training is also available with a coach. (Personal coaching fee applies)
- \*\*https://www.teamusa.org/USA-Archery/Progra ms/JOAD/JOAD-Achievement-Awards
- \*\*\* See Vernie for details